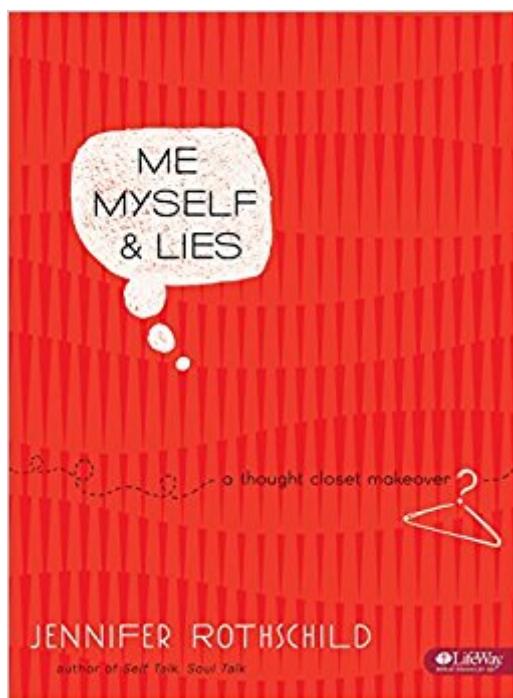


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Me, Myself, And Lies: A Thought Closet Makeover (Bible Study Book)



Synopsis

Me, Myself, and Lies: A Thought Closet Makeover - Bible StudyÂ ª Book by Jennifer Rothschild provides a personal study experience five days a week plus viewer guides for the group video sessions of this women's Bible study that encourages them to clean out the junk in their minds and replace hidden negative thoughts with positive truths from God's word. Words are powerful. Especially the words women speak to themselves. All too often, what they say to themselves when they lie in bed at night or look in the mirror in the morning is not even close to the words God wants them to speak to their souls. According to Rothschild, what we think about often has a ripple effect on nearly every area of our lives. (7 sessions) The Bible StudyÂ ª Book includes: 6 weeks of personal interactive study (five days a week) Viewer guides for the video introductory session plus the 6 weekly video sessions Leader guidance with instructions for facilitating the group sessions

Book Information

Paperback: 160 pages

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Customer Reviews

Yikes! Thought process needs some fine tuning. Good book for that.

Great workbook, keeps me busy with my daily devotion.

Me, Myself and Lies is a practical 6-week Bible study that will help you:
*Uncover lies you have subconsciously been believing & replace them with biblical truth
*Understand your identity in

Christ*Learn to speak truth to yourself even when you don't feel it*Invite Christ to be Lord of your mind & your source of absolute Truth*Readily navigate situations that previously caused emotional freak-outs with truth and graceJennifer Rothschild is a real and transparent teacher who walks you through the craziness of navigating your emotions as someone who has been there before. Unashamed to show you the ugly parts of her own life/emotions so you can learn from her mistakes, Rothschild's short homework assignments give you much to think about long after you shut the book each day.I am recommending this book to everyone I know. It is an excellent resource.

This was one of the best Bible studies I've ever done. What a great subject and so needed in the church today...honesty from Rothschild and her insight is very encouraging, while tackling a tough subject that is very difficult for many of us to think about. I have struggled with body image issues especially and this Bible study was very helpful. I think that every woman would benefit from this study!

Order received timely and was exactly what I expected

Bought for women's group class. But LOVE it. It is thought provoking and really got me to look past my own past.

Good book, except it uses other versions of the Bible, besides KJV

Awesome book! Highly recommend for a group study.

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